GRAPEVINE
VISITACION·VALLEY

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Bank Manager's Departure Has Valley Merchants Association Searching for New Leadership

by Gerry L. Galvan

Visitacion Valley's merchant association has found itself seemingly rudderless with the departure in January of its president, who was manager of the Bank of Amerıea on Leland Avenue

Colleen San Diego left the institution only a few weeks into the new year "to pursue other lines of professional interest." Her successor, Marilyn Myhre, gave no details on San Diego's departure from Bank of America except to say that her last day was Jan 15

Vincent Chao, principal of Visitacion Valley Elementary School and ranking member in the merchant group said the loss of San Diego from the Merchant Association has left a big void in the neighborhood

"She was a dynamic force that inspired members to set high goals for business in the Valley," he explained "She inspired everybody to work much harder to arrive at the set goals. It's unfortunate that Colleen has chosen to leave."

Chao expressed confidence that San Diego's successor at the bank would be invited to join and be just as active in neighborhood civic activities.

Although interested, Mhyre, a third generation San Franciscan from the Sunset District who began her official duties on Jan 19, said she preferred attending just to her banking responsibilities for several months before seriously considering additional activities with the neighborhood.

Mhyre has been connected with the Bank of America for 28 years. Her immediate previous assignment was an the bank's Excelsior branch on Ocean Avenue, after serving at six other Bank of America branches in San Francisco

"I find the neighborhood a very friendly society," said Mhyre of her new role in Visitacion Valley. "My staff of 12 is experienced. My fellow workers are great employees. Their attitude has contributed a lot to client satisfaction The bank staff and customers are symbiotically happy with the business at hand"

Marilyn Myhre is new manager at the Bank of America on Leland Avenue.

Colleen San Diego had been president of the Merchants Association.

With a wide array of services including home loans, home equity loans, refinancing, business accounts, investment portfolios and investment advice, Mhyre said she will see to it that Visitacion Valley bank clients get their money's worth

"I will make it a practice to he visible to clients in the neighborhood and will personally give business advice to any and all in need of and seeking such advice," she explained "In return, I will seek the residents' input on how they and the hank can work together"

Coalition Now Investigating Six Health Care Plans

At the request of *Citizens for the Right to Know*, a coalition of patient advocacy and health care provider organizations, the California Department of Corporations (DOC) has launched a major investigation of six major managed care plans for possible violations of California law.

On Jan. 25, the Department sent "demand letters" to Aetna U.S. Health Care, Key Health Plan, Health Net/ Foundation, Kaiser Foundation Health Plan, Molina Medical Centers and United Healthcare of California.

The letters require the plans to:

*Restore to their formularities all drugs which have been deleted by the plan effective on or after Jan. 1, 1999.

*Refrain from making any other deletions from their formularities without the approval of the Department until the Department completes its investigation of possible violations of the Knox-Keene Health Care Service Plan Act which regulates HMOs in this state.

"We are encouraged by the actions of the Department of Corporations and feel confident that the investigation will prove that health plans which restrict access to life-saving and life-enhancing medications are in violation of state law," said Elizabeth Helms, president of the TMJ Society and founding member of Citizens for the Right to Know.

Potential illegal acts include.

*HMOs formulary deletions were based solely on cost considerations.

*HMOs did not inform the Department of all formulary deletions.

*HMOs did not disclose their formularies upon Right to Know's request.

*HMOs did not comply with the Knox-Keene Act by providing medically necessary medications to their patients.

*HMOs reclassified certain medications from a drug benefit to a medical benefit in order to avoid paying for them.

"Too many patients are being switched at the pharmacy counter from a medicine that's working to one that may be less effective or are being denied the drug altogether and having to pay the full cost themselves," said Helms. "Patients are even having to switch health plans to gain access to the medicines they need to stay well, on the job and out of the hospital."

In recent months, several major health plans have been quietly moving to restrict access to dozens of major medications—prescription drugs to prevent heart attacks, stroke, Alzheimer's and complications from ulcers. In addition, medicines to treat depression and migraines are at risk

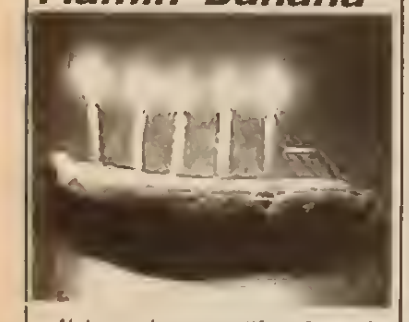
Citizens for the Right to Know was formed in 1994 to educate consumers about their health plans and to require HMOs to disclose benefits and exclusions to consumers prior to enrollment Over the years, the coalition has produced a series of booklets to help consumers choose the right plan for them and to work with their plan if they experience difficulties obtaining care

Over the past year, Right to Know and its member organizations have been receiving an increasing number of calls from patients who are having difficulty with drug switches and denials. As a result, the coalition launched a public awareness campaign to determine whether the alleged drug switching problems were really injuring people. The calls to a 1-800 number confirmed that the problem was substantial and occurring primarily in California.

In December of last year, Right to Know met with representatives of the Department of Corporations and shared the collected information and the names of individuals who had been switched or denied medications. Consequently,

See Page 8

Flamin' Banana



Not an obscure artifact from the 1960s, this concoction of fruit and candles served as an ample replacement for the flashlight VVCC Senior Director Pat Crocker could not find in time for needed illumination one early evening in January. Needless to say, the banana had "seen the light" of better days.

Hospice Care Stamp By U.S. Postal Service

On Feh. 9, first-class postage stamps celebrating hospice care hecame available for release across the country. Hospice hy the Bay of San Francisco urges you to purchase these stamps to raise awareness of hospice care, which helps thousands of people every year

For more information on how Hospice by the Bay serves people with terminal illness and their families, call (415) 626-5900.

Valley Included in Lead Paint Abatement Grant for the City

Rep. Nancy Pelosi (D-CA) on Feb 4 announced the City and County of San Francisco will receive a $3 million Department of Housing and Urban Development (HUD) grant for the removal of lead-based paint in targeted neighborhoods

"Children are particularly vulnerable to the damaging effects of lead poisoning," said Pelosi "We must do all that we can to remove this environmental hazard from all homes in our community."

The Lead-Based Paint Hazard Control Grant Program is designed to support local efforts to remove lead-based paint hazards from housing, encourage the development of an effective action plan to prevent childhood lead poisoning, and develop ways to maintain lead education activities beyond the life of the grant

This grant will target 500 privately owned low-income homes built prior to 1978 in the Mission District, Tenderloin (north of Market), Oceanview-Merced Heights-Ingleside Bayview-Hunters point and Visitacion Valley About 75 percent of houses and apartments built before 1978 in the United States contain lead paint

In addition, Consumer Action will receive $60,000 under the Local Lead Hazard Awareness Cainpaign Grant Program The program will support efforts to increase awareness of lead poisoning in communities of color

"I commend Consumer Action for its leadership in bringing public attention to the hazards of lead-based paint," said Pelosi "Mayor Willie Brown must also he commended for his leadership in ridding the city of lead-paint and other environmental causes of lead poisoning."

Lead poisoning is one of the most common environmental child health problems in the united States and is caused by too much lead in the body Lead is especially harmful to children younger than six Lead poisoning affects three to four million young children, about one in six under the age of six

Student Fellowship Applications Now Available for State Assembly

Assemblywoman Carole Migden (D-San Francisco) is encouraging interested individuals to apply for the 1999-2000 Assembly Fellowship Program The 11-month fellowship program offers 18 college graduates the opportunity to become fulltime Assembly staff members working on fiscal and policy issues in an Assemblymembers Capitol office.

As part of the program, the Fellows actively engage legislative members, senior staff, officials and lobbyists on issues of state unportance Fellows are paid a stipend of $1,792 per month plus health, dental and vision benefits while earning 12 graduate units at California State University, Sacramento (CSUS) The Assemhly Fellowship is a jointly sponsored program administered by CSUS and the California State Legislature

"The Assembly Fellowship Program offers invaluable experience to individuals seeking to expand their knowledge of the legislative process," said Assemblywoman Migden. "I have had the privilege of having fellows in my office for the last three years and each has performed in exemplary fashion. I know of no other program that offers so much insight into the governmental process."

Applicants must have earned their undergraduate degrees hy June of 1999 Individuals with advanced degrees or those in mid-career are also encouraged to apply.

Applications are available at either Assemhlywoman Migden's Capitol office, Room 2114 (916-319-2013) or by contacting the Center for California Studies at 916-278-8906 located on the campus of CSU, Sacramento

A 'Scape to Baseball's Past

Author Craig Carrozzi at the office of Southern Trails Publishing.

Candlestick Park was a little more than a year old when the San Francisco Giants hosted the Cincinnati Reds on July 6, 1961 And local author Craig Carrozzi remembers that game well, through the eyes of a six-year-old youth, brought by an older brother to his first baseball game.

Following two earlier books issued by his Southern Trails Publishing based in the Portola District and dealing in personal experiences while serving with the Peace Corps in South America, Carrozzi will be releasing his third title, *City 'Scapes* in March

"Scapes" is short for "Escapes," things the local kids used to do for fun to get their minds off the rigors of urban living And *City 'Scapes* is about a little hoy and haseball, but it goes well heyond those distinctions

"Like Henungway's *The Old Man and the Sea*," explained Carrozzi, "which at first glance seemed a story about fishing, *City 'Scapes* goes deep into the human psyche Henungways' *old man*, a once powerful human feeling his age and living in the past, has his counterpoint in the *little boy* of *City 'Scapes* who is just awakening to the possibilities of life and greets his day with wonder."

With the Giants playing their final season at what is now known as *3Com Park at Candlestick Point* before moving to Pacific Bell Park in 2000, the new book recalls the excitement of Candlestick's earlier days, an open-ended field notorious for bad weather More than a dozen interesting photos include classic shots of Willie Mays, Willie McCovey and Orlando Cepeda, as well as Seals Stadium, the former minor league hall park at 16th and Bryant Streets that served as the Giants' first home in the late 1950s One rare picture shows the remains of Seals Stadium after its late 1959 demolition, little more than an empty lot with the etchings of a baseball diamond, where neighborhood youth would gather to play their own versions of memorable games

"This is a story of nostalgia and wonderful memories," summarized Carrozzi, a baseball historian with a unique take on both current and past issues *City 'Scapes* will be available at Giants' retail outlets and at many bookstores

GRAPEVINE MAILBOX

Residents Encouraged to Enroll in Southeast Campus Classes

Dear Visitacion Valley Neighbors

As the Dean at the Southeast Campus of City College of San Francisco, I want to extend an invitation to you to enroll in our classes. For those of you who are not familiar with the Southeast Campus, we are located at 1800 Oakdale near Phelps. The Southeast Campus is one of the nine campuses within the City College of San Francisco system.

The students who attend Southeast represent the entire range of the diversity spectrum. In fact, 70 percent of credit students and 76 percent on non-credit students are members of ethnic minorities. Of the credit students 32 percent are Asian and Pacific Islanders, 14 percent are Latino, 8 percent are African American, 8 percent are Filipino and 1 percent are Native American. In non-credit programs, 40 percent are Asian and Pacific Islander, 21 percent are Latino, 7 percent are African American, 3 percent are Filipino, and less than 1 percent are Native American.

Southeast offers a number of courses which will help students get a job or develop needed skills. We offer courses in child development, business (including all levels of word processing, business correspondence, and computer instruction), home health aide, adult basic education (including pre-GED, math skills development, oral/written communication assistance, and vocabulary/spelling enhancement), consumer arts (including fashion sewing and alteration, millinery, lingerie design and construction, and draping design and pattern development).

Classes are available in all levels of ESL at our 1800 Oakdale, 66 Raymond, and 2565 San Bruno locations. Opportunities are available at our 1800 Oakdale site to learn computer repair. We also offer a two-semester credit certificate program in Office Information Processing/Secretarial which helps students to gain the skills they need to get a job after they complete their training.

Childcare is available at Southeast. The Southeast Head Start program is enrolling students; the first priority is for working parents and parents in school. Contact Nellie at Head Start at (415) 821-6005 for details.

A number of buses get you to Southeast--the 15 Third, the 23 Monterey, the 24 Divisadero, the 44 O'Shaunessy and the 54 Williams.

Join us at Southeast! You can't miss our building at 1800 Oakdale. Come inside, pick up your schedule at the front desk, and enroll in Room 200 with Cynthia Hamilton or another member of our Admissions and Enrollment staff, or you can call (415) 550-4344 for further information. We look forward to seeing you in the near future.

Sincerely,
Veronica Hunnicutt
Dean, Southeast Campus

The State of Recycling: 1998 In Review

by David Assmann, Senior Administrator, San Francisco Recycling Program

More than 90 percent of San Francisco residents are now recycling at least once every two weeks, according to a recent survey conducted for the San Francisco Recycling Program by David Binder Research. 70 percent of residents recycle at curbside, while 20 percent recycle in apartment buildings. In addition, 18 percent recycle at drop-off or buy-back centers. While the vast majority of residents reported that they are recycling, the survey also showed that residents are not always recycling the full range of recyclable items. For example, while more than 85 percent of residents reported that they recycled newspapers, glass jars and bottles, aluminum cans, cardboard boxes or plastic bottles, less than 71 percent reported recycling junk mail, 70 percent recycled tin or steel cans and only 22 percent recycled aerosol or paint cans.

When asked about recycling other items, 63 percent of San Francisco residents would like to recycle yard trimmings if they could, 52 percent would recycle used motor oil and 43 percent would recycle food scraps. More than one-third of respondents volunteered that they would be interested in recycling additional plastic items.

Both residents who use curbside recycling and those who recycle within apartment buildings agree that the most helpful improvement to each program would be more information provided on what can be recycled and how to recycle. Larger bins and bins that are easier to access were also mentioned, but were considered less helpful than additional information.

The most common reasons residents gave for not recycling was that they didn't have a place to store materials or they thought that trash collectors or other city employees sorted recyclables from their trash.

The younger generation is definitely encouraging parents to recycle. Almost two-thirds of respondents with children reported that they had heard their children talking about recycling at home.

Actual recycling figures for 1998 back up the survey results. 1998 was a record year for curbside recycling. We recycled more than 125 million pounds of paper, glass, aluminum, steel, and plastics through the Curbside and Apartment Recycling Program last year--up more than 5 million pounds from 1996. That's more than 384 pounds of recyclables per household!

While this total is impressive, we still have lots of room for growth. We're currently recycling only a little over one-third of what's recyclable through the curbside and apartment recycling program. And we still have a long way to go achieve the state mandated goal of reducing waste by 50 percent.

Paper, including newspaper, remained at the top of the list of materials recycled, making up more than three-quarters of all recyclables collected. The next most recycled material was glass, accounting for about one-fifth of the total.

Special promotional campaigns to promote recycling were held in ten neighborhoods in 1998, including Chinatown, Marina, Nob Hill, North Beach, Pacific Heights, Parkside, the Richmond, Russian Hill, Sunset, and Telegraph Hill. More than 30,000 households received phone calls from the Recycling Program during the campaigns.

Looking ahead, we're planning special promotional campaigns this year for a number of neighborhoods. We've also initiated a special "Join the Challenge, Recycle More" campaign for public and private elementary, middle, and high schools. Schools that demonstrate significant progress and innovation in the area of waste reduction, reuse, and recycling are eligible to win between $1,000 and $5,000 toward capital improvements. More than 60 schools have signed up in this campaign to date. The campaign began on January 4 and will last until Mar. 26. Participating schools have been asked to track the amount of paper, cans, and bottles that they recycle each week during the 12 week contest. In addition, teachers and administrators are encouraged to provide documentation of any other waste reduction projects that they participate in with their students. These may include the tracking of waste generated by the school, low-waste lunch campaigns, composting projects, or other creative and effective projects of the school's choosing. At a school's request, San Francisco Recycling Program provides promotional items, classroom presentations, technical assistance, and free recycling bins for each classroom and office. Results will be reported to the San Francisco Recycling Program at the end of the 12 week period and winners will be chosen. There will be at least three winners announced at an awards ceremony in the Spring. The award money, provided through a grant from the Goldman Foundation, will be slated for environmentally sensitive capital improvements. For example, playground benches made from recycled plastic lumber or compost bins made from reused materials.

For more information on any of our programs, call our 24-hour hotline at 554-RECYcle, or visit us on the web at www.sfrecycle.org.

Grapevine on the Net

Our ever-expanding website at http://home.earthlink.net/~visvalley contains news and features from each issue since July 1997, a summary of local news since 1986 and the history of Visitacion Valley.

Discussion of Police Matters at February Valley Meetings

Following is a letter dated Feb. 2, 1999 from Captain Rick Bruce of Ingleside Police Station.

Dear Resident or Merchant of Visitacion Valley

Over the past several months, the officers of Ingleside Station have been doing extensive outreach in the Visitacion Valley neighborhood in an effort to make themselves more available and accessible to you. To that end, we intend to sponsor monthly meetings in the Valley, and would like to invite anyone interested in discussing police-related problems to attend these meetings.

Our next meeting will be held on Wednesday, February 24, 1999 at 7 p.m. at 120 Leland Avenue. This is also the location of a *Resource Center* that we have established in the Valley, and this center serves as an office for the officers who are assigned to this neighborhood.

In addition to this sponsored meeting, the Visitacion Valley Task Force, which deals with a variety of issues related to conditions in the Valley, meets every month on the fourth Saturday on the month at 10:30 a.m., at 50 Raymond Avenue. Members of the community are welcome to attend this meeting also.

Attached to this letter is a City Services Directory which lists the phone numbers for a variety of city-related services, including numerous contact persons and phone numbers for police officers assigned to Ingleside Station. Please don't hesitate to phone us if we can be of any assistance to you with a police-related matter. I will be present at the meeting on the 24th, and look forward to meeting you at that time.

Sincerely,
Captain Rick Bruce,
Ingleside Police Station

CITY SERVICES

ABANDONED CARS	781-JUNK
ANIMAL CONTROL (stray, abused, dangerous animals)	554-6364
BUS SHELTER DAMAGE	882-4949
CHILD COUNSELING SERVICES (Huckleberry House)	621-2929
CITY TREES (trimming) (Ben Andres, supervisor 695-2177)	695-2162
COMMUNITY BOARDS (dispute resolution)	863-6100
CRIME-STOPPERS (anonymous crime tip line)	1-800-2GIVEINFO
DOMESTIC & FAMILY VIOLENCE (WOMAN Inc.)	864-4722
DPW (street trash) (Kevin Flynn, supervisor)	695-2017 (days) 895-2020 (nts/wknd)
DPW CONTACT (Marcia deVaughn, Deputy Director of Operations)	965-2017
EMERGENCY SERVICES (be prepared to provide location and complete descriptions)	9-1-1
EMERGENCY SERVICES (non-published number for cell-phone particularly)	553-8090
GARBAGE SERVICE COMPLAINTS	255-3610
GRAFFITI CLEANUP (DPW)	241-WASH
GRAFFITI SUSPECT INFORMATION (leave message for Officer Ed Collins)	553-1603
INGLESIDE STATION CONTACTS	
Day watch lieutenants (Lt. Mike Pera/Lt. Dave Shinn)	553-1603
Night watch lieutenants (Lt. Tony Fotinos/Lt. Jim Speros)	553-1603
Captain Rick Bruce/Sgt. Don Sloan	553-1602
Station anonymous TIP line	333-3433
Graffiti coordinator (daytime) Officer Ed Collins	553-1603
Graffiti coordinator (nighttime) Sgt. Eric Quema	553-1603
Graffiti paint-over coordinator PSA Bill Segale	553-1603
Leland Avenue Resource Center (Officers Simon Chan and Mary Morentz)	585-2675
Station permits (Officer Jerry Sarin)	553-1603
Traffic problems and radar trailer (Officer John Mulkern)	553-1603
Sunnydale Resource Center (Officers Bud Massey and Gordon Horn)	586-7572
MAYOR'S OFFICE (Bevan Dufty, Mayor's Office of Neighborhood Services, 554-6110)	554-7111
McATEER HIGH SCHOOL ANONYMOUS CRIME TIP LINE	437-4986
NARCOTICS TIP LINE (anonymous)	1-800-CRACKIT
PARKING AND TRAFFIC PROBLEMS (DPT)	553-1200
PARKING AND TRAFFIC CONTACT (Tony Novello)	553-7993
POLICE (non-emergency)	553-0123
POTHOLE REPAIR	695-2100
SAFE (forming neighborhood watch groups)	673-SAFE
STREET LIGHTING CITY (out of order) (Dee Lemon, supervisor)	554-0730
STREET LIGHTING PG&E (wood poles)	693-3201
SUNNYDALE RESOURCE CENTER	586-7572
TRAFFIC SIGNALS (out of order)	550-2736
TRAFFIC ENGINEERING (to request new traffic control sign/device) Bond Yee	554-2300

Captain Rick Bruce,
Ingleside Police Station, 1 Sgt. John V. Young Lane, San Francisco, CA 94112, 553-1602
Email address: Ingleside@juno.com website: www.SwiftSite.com/Ingleside_Station

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The Reopening of San Francisco City Hall

by Mayor Willie L. Brown

"We are here to lay the cornerstone of the building which is to be the official home of the City of San Francisco. This is an event made possible by the liberality, optimism, pride and confidence of our citizens in their own city. Many noble and beautiful buildings have been erected in San Francisco, but this particular one is the result of the expressed desire of our people, that San Francisco shall have a new home of its own."

–Mayor James Rolph, 1913

Mayor Rolph's remarks, made at the dedication of the laying of the original cornerstone, remain profoundly relevant today. The people of San Francisco realized then, as they do now, City Hall's significance in the history and community of San Francisco.

After the devastating Loma Prieta earthquake in 1989, City Hall was clearly in need of seismic retrofit. Construction on the seismic system began in 1995, and, at the same time, the voters passed two measures that provided additional funds to restore what is now regarded as America's finest example of French Renaissance architecture.

After three years of tireless work, City Hall is ready yet again to be the "Official Home of San Francisco." When we last left City Hall, it was in violation of many fire and ADA codes. Today, San Francisco hoasts one of the most accessible federal buildings in the country; one that houses over 1,000 civil servants. To minimize any future earthquake damage, City Hall has become one of the most earthquake-safe buildings in the world Built on base isolators, each of the 600 columns that support the building were jacked up by rubber and stainless steel isolator disks. These base isolators are designed to move 27 inches in any direction; a moat of more than 27 inches surrounds the building so that in a seismic event the building will move as a rigid body above the ground plane independent of the ground shaking. San Francisco City Hall is now the largest base-isolated building in the world, and the only base-isolated national historic monument.

Now designed to optimal accessibility and safety, the original building, designed by Arthur Brown, Jr , the architect who also designed hoth Coit Tower and the Veteran's Building, no doubt had beauty and convenience in mind for the building as well. This two-fold philosophy of physical grandeur and utility holds true today: The grand public Light Courts have been restored to their original design and will allow a wide variety of exhibits The public Hearing Rooms are connected with state-of-the-art telecommunications resources, allowing citizens to testify from one room yet to be heard throughout all of the overflow rooms and chambers.

City Hall will also become more convenient for its users in many other ways as well. A new city payment center has been added to allow citizens to make most of their necessary financial transactions with the city in one convenient location. For example, all types of transit passes, including those for CalTrain, Muni, Bart, Golden Gate Transit, and AC Transbay will be sold in one location. Water Department payments as well as property and business taxes can be paid at the Treasurer-Tax Collector's Office. Applications for various licenses ranging from produce stand licenses and Fire Department licenses, as well as voter registration forms, will also be made available in the new city Payment Center in Room 140. In spring of this year, you will be able to pay for traffic citations and fines in the Payment Center as well.

In addition to its new resources and redesign, City Hall has been a great success already, evidenced by the grand reopening that took place on January 5. I was astounded and overjoyed to meet the many hundreds of people who toured the halls and watched as the very first marriages took place under the new dome, a dome that is, in fact, one inch taller than the dome of the United States Capitol!

All of us at City Hall love our new home–and we hope that everyone in San Francisco, from children on field trips to foreign visitors–feels that it is their home as well. City Hall is not only a place where legislation is crafted; not only a place where bills are paid, but a public place for the citizens of this city to congregate and contact their public officials. It is my hope that every citizen of this great city has the chance to view the splendor and functionality of the new City Hall.

A Search for Visual History of the Mission

Current and former residents of the Mission neighborhood are being asked to hring their family albums and share their photographs and stories with the San Francisco Public Library on Sunday, Mar 7 from 10 a.m. to 3 p.m. at the Mission Branch Library at 2601 Mission St., 3rd Floor (in the Bay View Bank Building).

Did you shop on the Miracle Mile? Do you remember the El Capitan theater? Old St. Anthony's Church? Oh's Health Food Store? If you grew up in the Mission District, owned a business or went to school there, S.F. Public library is asking for your help. On the Mar 7 Photo Day, library staff and volunteers will copy selected images from personal photograph collections while the donors are interviewed. These copied photographs will he added to the History Center Photograph Collection at the Main Library and to the Mission Branch Library. The photographs will hecome important primary sources for research by scholars, students, and the general public.

"We're looking for photographs of everyday life that show how people lived in the Mission from the late 1800s to the present," said Susan Goldstein, city archivist. "We hope people will share their pictures of family and community celebrations, their workplaces, weddings and other ceremonies, political and social organizations, and all the other pieces of life that ar collected in family albums, old business files, or club and organizational scrapbooks."

Appointments to participate in the Mission's Photo Day are strongly recommended and can be made by contacting Kate Connell at 557-4596. Volunteers who wish to assist library staff in a variety of ways on the Photo Dav should also contact Kate Connell by Feb. 26.

Board President to Lecture on City's Budget Process

Supervisor Tom Ammiano, the new president of the San Francisco Board of Supervisors will be guest speaker at Coleman Advocates, 459 Vienna St. from 6 to 8 p.m. on Wednesday, Feb. 24 as part of their *Children and Youth Lecture Series*. Call 239-0161 for more information.

Versatility a Key Ingredient to a Successful Life

This manth, the Grapevine presents the first of an occasional ongoing historical series including biographies and personal reminiscences of Visitacion Valley.

Henry Schindel , long referred to as the "Mayor of Leland Avenue."

Through eight decades as a San Franciscan and more than 60 years a resident of Visitacion Valley, Henry Schindel has seen plenty of change, and has always been ready for a challenge.

As he related, hoth parents had originally arrived from Europe in the United States where his father became employed in Fargo, North Dakota After they were wed, the Schindels were prompted by an announcement from the Canadian government offering land to homesteaders, soon crossing the border and eventually building a home in Canada at Melville, Saskatchewan. It was there where Henry was born on April 26, 1905.

Schindel remembers growing up as a difficult time with little money, and several siblings vying for space in the family home.

Following sixth grade, he went to work in 1916 at nearby general store as a delivery boy and sales promoter. Two years later, he began employment at hotel as a combination, janitor, painter, kitchen aid and driver, taking customers to and from a nearhy train depot.

By 1921, Schindel was working at a hotel more than 150 miles west of Melville in Regina as an elevator operator, bellhop, clerk, waiter and laundry attendant

"I learned every phase of the hotel business from peeling potatoes to doing laundry," he explained. And after a co-worker's father who had worked with them both in Regina relocated to San Francisco and invited his son in 1923 to join him, an invitation was extended to 18-year-old Henry as well He made the long journey to California and arrived on a Thursday, virtually penniless hut rich in spirit.

A steady perusal of newspaper want-ads brought him to a job interview at the Galland Laundry, with Schindel's prior laundry experience instrumental in securing the job.

"I learned the laundry business from A to Z," he recalled, even learning how to make soap. After a few years, he progressed to plant superintendent, responsihle for the hiring, counseling and training of more than 700 employees.

If was there he met his future wife, Molly, a native of Visitacion Valley who lived on Leland Avenue and began working at the laundry during summer vacations from school By 1937 they were married and her two brothers, both contractors having built a number of structures in the Valley, had started work on the couple's new home, the first house to be built on their block of Schwerin Street Together, the Schindels raised two daughters and later had four grandchildren.

Both Henry and Molly recall Visitacion Valley as a prosperous neighborhood with restaurants, stores, and services when "You could get anything on Leland Avenue." At one time, Safeway even had a store at the present site of the Visitacion Valley Library

And just adjacent to the business area were several wells where the neighborhood accessed its water.

A student for two years at the San Francisco Conservatory of Music starting in 1924, Schindel performed professionally as a musician with two dance orchestras and as part of a trio playing cello, guitar, banjo and ukulele, booked from the San Francisco office of Blake and Amber. Performances were given on stage, radio and later television.

For one season in 1926, Schindel sang with the San Francisco Opera Chorus and for three years with the San Francisco Municipal Chorus. He also acted in 1926 as a movie extra for a film being made in San Francisco

In 1944, Schindel moved to the Sanitory Laundry as a superintendent where he learned about dry cleaning and chemicals. During the post-war housing crunch in 1948 he became a real estate broker in 1948. And in 1950 he opened what would eventually total six successful businesses on Leland Avenue selling furniture, paint and appliances.

Schindel has fond recollections of close friend and fellow realtor Charlie Lewis, equally instrumental in the growth and prosperity of Visitacion Valley

For seven years, Schindel served as a San Francisco Commissioner, three as president. He recalls neighborhood interest once seeking to change the City's south boundary to incorporate the area immediately south of the Valley called Bayshore City, itself a separate town in the 1930s. It eventually became an extended part of Daly City.

Schindel served as president of the Visitacion Valley Merchants Association for close to two decades, receiving a trophy signifying the group as one of the City's top organizations For many years, he served as President of the Visitacion Valley Improvement Association, receiving a certificate of merit in serving the City of San Francisco and Visitacion Valley for 50 years.

For decades, Schindel has worked with the Visitacion Valley Community Center fondly recalling its founder, the late Florence Friedman, as a woman dedicated to making the neighborhood a good place to live.

For Visitacion Valley to commercially prosper today, Schindel believes at least six to eight large retail locations need to be built to attract larger retailers to the neighborhood He explained that thousands of potential customers representing a healthy demand are offered very little supply in the immediate vicinity.

For 22 years until 1974, Schindel served as executive secretary for the California Bodies of the Scottish Rite, a fraternal organization consisting of more than 4,000 members where his diversified duties included planning shows, stage work and teaching public speaking

Having developed a keen interest in cultures, he has traveled extensively through many Asian countries–including Japan, Burma and the Philippines, where techniques were studied of garbage disposal that helped him prepare for lectures he gave in forcing the eventual defeat of a proposed incinerator planned for construction close to the Valley.

In 1975, Schindel received an honorary doctorate from John F. Kennedy University in Orinda, signifying a lifetime of achievement in his community

An avid reader and collector, Schindel has also composed more than 1,000 poems in his spare time. Other interests in recent years have included solar energy and rellexology, having attended health lectures for more than 25 years.

African American History Program at Randall Museum

The Randall Museum celebrates National African American History Month with both a workshop and program on Saturday, Feb. 27.

When the Drums Sang, a participatory workshop that invites children to use rhythm, song, acting and movement to help dramatize African folktale begins at 1 p.m. It is followed at 2 p.m. by *Family Affair*, a lively performance highlighting the unique music, instruments, folktales and history of African American culture Cost is $5 for both events. For more information, call 554-9600.

Shanti Volunteer Training in February

Shanti still needs your help because people still have AIDS Comprehensive trainings are held in San Francisco for Shanti Volunteers, with the next training taking place over two weekends, Feh 19, 20, 21, 27, and 28. Please contact Shanti recruitment specialist Maureen Smith at (415) 674-4722 to apply.

Unsung Hero Awards Celebrate Leadership

San Francisco Public Library's *Unsung Hero Awards* program is accepting nominations for individuals from the African American community who give unselfishly of their time and energy, but are not widely recognized for what they do

Winners will be honored at the Eleventh Annual Unsung Hero Awards Program, which will be held on Sunday, Feb. 28 at 1 p.m. in the Koret Auditorium of the Main Library.

All nominations must be turned in no later than Feb. 19. Nomination forms are available at the following libraries: Bayview/Anna E. Waden Branch, 5075 Third St.; Western Addition Branch, 1550 Scott St.; Ocean View Branch, 111 Broad St.; Potrero Branch, 1616 20th St.; and the African American Center of the Main Library, Civic Center. Winners will be selected by a committee of community representatives.

Future Lunar New Years

Chinese Year, followed by zodiac animal, and date.

4697, Hare, Feb 16, 1999, 4698, Dragon, Feh. 5, 2000, 4699, Snake, Jan. 24, 2001, 4700, Horse, Feb. 12, 2002, 4701, Ram, Feb. 1, 2003, 4702, Monkey, Jan. 22, 2004, 4703, Rooster, Feb 9, 2005, 4704, Dog, Jan 29, 2006

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Americans Hopeful At the Brink of a New Millennium

Americans are approaching the new millennium with more hope than dread for the future, though their optimism is tempered by concerns about a decline in morality and basic values and an uncertainty about the growth of technology. And as the 20th Century draws to a close, they place greater importance on the achievements made in the past 100 years. These are among the major findings of the newest edition of *The Shell Poll*, a quarterly opinion survey of Americans conducted for Shell Oil Company by Peter D. Hart Research Associates.

Two-thirds of Americans said they were optimistic and hopeful about the future for themselves and their family. When asked to describe their feelings regarding the coming of the new millennium, more Americans (30 percent) said "hope" than anything else. Nearly a quarter said "curiosity," while only 6 percent said "worry" and just 1 percent said "dread." They are slightly less optimistic about the future of the country as a whole, with just 58 percent describing themselves as hopeful about the nation's future.

"The portrait that emerges in this study is of a citizenry that is both satisfied and proud of what has been accomplished in this century and hopeful and optimistic about what could be accomplished in the century ahead," said Peter D. Hart. "But behind this broad picture of satisfaction, Americans have some very real concerns about the future."

When selecting from a list of choices, a solid majority of Americans believe both race relations (57 percent) and physical fitness (52 percent) will be better 30 years from now, while more believe the standard of living will be higher (43 percent) than think it will be worse (27 percent). Americans aren't as optimistic about respect for values and morality, 45 percent think values will be worse in the years ahead. They also worry about the crime rate, with far more (47 percent) saying it will be worse in 30 years than better (28 percent).

Surprisingly, young people aren't as optimistic about the future as their older counterparts. Americans under age 35 are very optimistic about their own lives (69 percent), but only a slim majority (52 percent) feel good about the prospects for the nation, with 45 percent expressing pessimism. On the other hand, 62 percent of Baby Boomers say they're optimistic, while just 34 percent describe themselves as pessimistic.

Further, Americans expect our daily lives to undergo substantial change. Nine in 10 believe cash will disappear, to be replaced by electronic cards, nearly eight in 10 expect informal attire to be the norm in offices, almost two-thirds believe the traditional summer break for students will be replaced by a year-round schedule; nearly three-fourths think there will be more than two major political parties; and 55 percent believe fathers will spend as much time and energy raising children as mothers.

More than six in 10 think the United States will remain the world's greatest power in the 21st Century, while 42 percent believe there's a better than even chance the country will be involved in a major war in the next 30 years. In fact, more Americans (39 percent) list global war as their greatest fear for the future than any other potential crisis, even though a large majority (77 percent) cite terrorist attacks as a greater threat to the country than military conflict with another nation.

Health

Americans have great confidence about the future of health care. A majority of Americans believe several diseases and illnesses--including spinal cord injuries, diabetes, hepatitis, foodborne diseases, cancer, AIDS, herpes, multiple sclerosis and Alzheimer's disease--will be cured within 30 years. When asked to name which disease should receive the most research funding in that period, 48 percent chose cancer, making it far and away the top choice over the second highest funding priority, AIDS (22 percent).

Technology

People have more conflicting feelings toward technology. Despite the major technological advancements of the 20th Century, 55 percent say technology will be an equally positive and negative force in the future. And even though a majority believes there's a good chance scientists will clone human beings in the next 30 years, a large number (58 percent) say that possibility is what they dread most about living in the next century. Americans rate the computer as being the most significant technological development of the 20th Century, with almost twice as many citing it as the closest competitor, the automobile.

Y2K

Americans are very well aware of the *Y2K* computer problem. Nearly eight in 10 say they know about it, while almost a third say it is a very serious problem. When given a list of potential problems that could result from Y2K computer malfunctions, more Americans (30 percent) are worried Social Security and other governments benefits won't be provided. Just more than one in five are more worried by the prospect of losing banking and insurance company records because of *Y2K*.

The 20th Century

When asked to name one or two of the most important changes in America during the past 100 years, 50 percent said improvements in medicine and technology, while 30 percent cited the growth of civil rights for African Americans and nearly a quarter said legal and social equality for women. Interestingly, the combined number who said the growth of civil rights for African-Americans and social equality for women (54 percent) is nearly equal to the number who said improvements in medicine and technology. Far fewer named the United States' becoming a super power, the country's economic expansion and the growth of the federal government as being the most significant changes.

Other interesting findings include:

*Americans expect the biggest changes to be in education over the next 30 years. When asked to name one or two areas where great change will take place, 45 percent said education, while nearly a quarter said the workplace and politics. Further, 36 percent selected "improvements in education" as one of their greatest hopes for the future from a list of choices, ranking it ahead of "less crime" (34 percent) and better race relations (29 percent).

*Thirty percent say the development of penicillin and other antibiotics is the greatest medical breakthrough of the 20th Century, while nearly a quarter said organ transplants and just more than one in five said the discovery of DNA.

*When asked to name which 20th Century household invention would be the hardest to live without, 57 percent said the refrigerator, choosing it over air conditioning, the washing machine, microwave oven, dishwasher and vacuum cleaner.

*A large number of Americans think Michael Jordan, Bill Cosby and Oprah Winfrey will be remembered in 30 years. On the other hand, substantial majorities believe Leonardo DiCaprio, Roseanne and George Clooney will be forgotten.

*Large numbers of Americans believe long-standing institutions such as the Red Cross (93 percent), Harvard University (90 percent), Coca-Cola (89 percent), Major League Baseball (79 percent), the U.S. Postal Service (78 percent) and The New York Times (72 percent) still will be around at the end of the 21st Century.

*Nearly half believe Biblical prophecies can accurately predict the future, while slightly more than one in five think the Farmer's Almanac is an astute fortune-teller. Twenty=-one percent say astrologers can predict the future, and 16 percent believe psychics can. Just one in 10 think pollsters can do so.

*Almost seven in 10 believe there's a good chance women will earn as much as men 30 years from now, though more men (82 percent) think so than women (57 percent).

*When given a choice from a list of potential future breakthroughs, more Americans (35 percent) would prefer to see medical advances that would create safe and foolproof birth control than would help develop weight-control medication (30 percent). Twelve percent chose advances in anti-aging skin products, while 7 percent would prefer breakthroughs in hair-loss prevention.

*Four in 10 believe people will retire later than they do now, while just more than a quarter think they will retire earlier.

*Forty percent think patriotism is the American character trait most likely to disappear in 30 years, making it the top choice among a list including belief in personal freedom, belief in equality and belief in free enterprise.

*Americans expect women's basketball and soccer to gain in popularity. More believe football, baseball, basketball and hockey just will maintain their current levels of popularity.

*Most think letter writing and the tradition of mothers staying home to raise children will disappear in 30 years, but a majority believe large department stores, movie theaters and laundromats still will exist.

Survey results are based upon interviews with a represenative national sample of 1,264 randomly selected adults aged 18 and over.

Workshop for School Age Child Care

Children's Council of San Francisco is offering a full day workshop geared to school age child care staff and administrators based on *Kids' Time: A School-Age Care Program Guide* on Saturday, Feb. 27, at 2601 Mission St.

Triple A, from 9 a.m. to 12:30 p.m. is a module geared to line staff and includes age appropriate activities: creating school-age care environments, behavior management and planning program activities. From 1 to 4 p.m., *Find Them, Keep Them, Make Them Proud* is a module geared for administrators with topics including: selecting and supervising program staff, developing school-age care program leadership; school-age care program leadership, and school-age care program growth, development and evaluation.

Cost is $25 per person and includes lunch and a copy of *Kids' Time: A School-Age Care Program Guide*, a comprehensive 156-page program guide developed by the Department of Education, Child Development Division. Registration deadline is Feb. 24. Call 243-0700 for more information.

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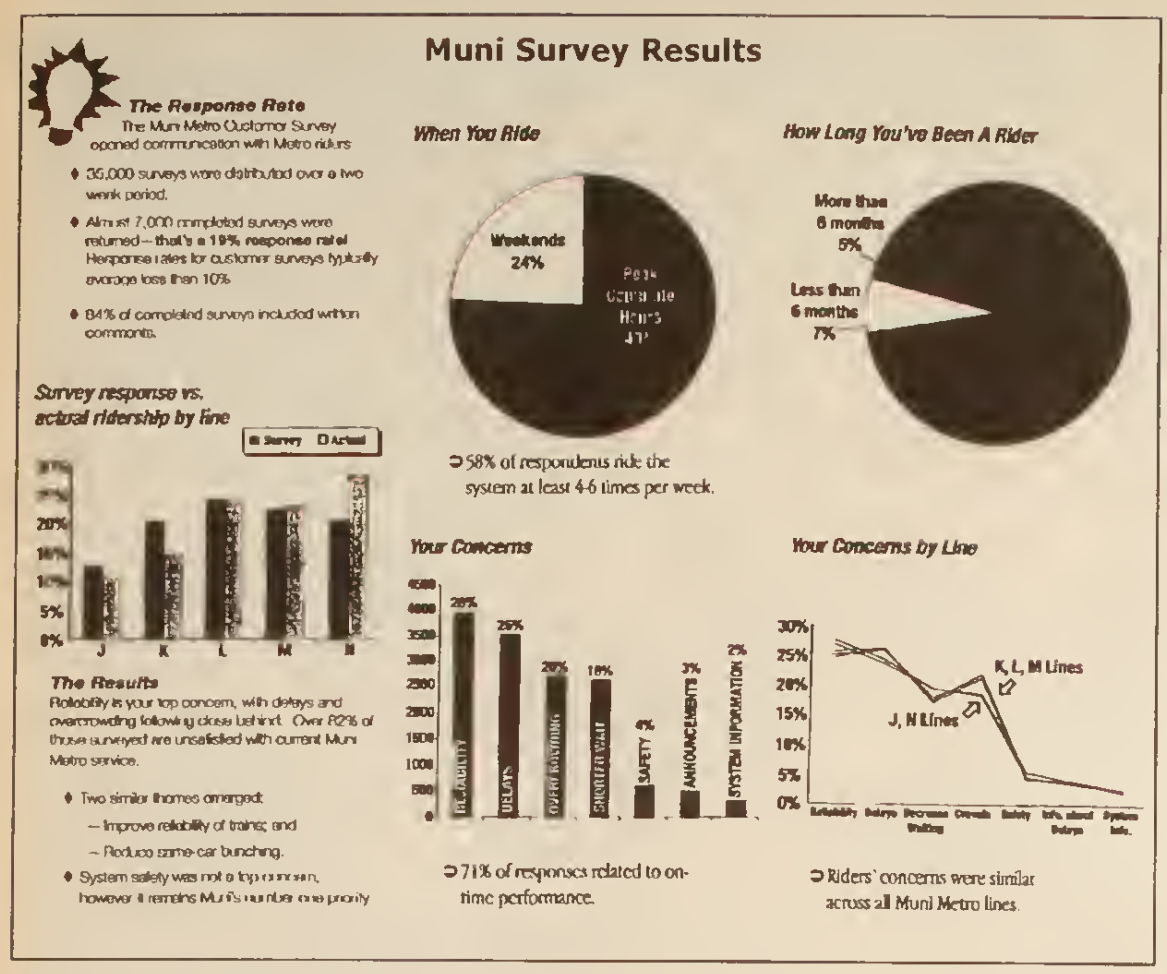

Muni Announces Results of Survey on Metro

Reliability is the leading rider concern, according to results of a customer survey of Muni Metro riders conducted in December, 1998.

On-time performance led the list of customer concerns with a cumulative total of 61 percent of the vote. Overcrowding also ranked high on riders' lists, with 18 percent of the vote. System safety and access to information ranked much lower at 4 percent and 5 percent, respectively.

Respondents came from Muni Metro's core ridership: 49 percent are peak hour riders, 58 percent ride the system at least four times a week, and 88 percent have been using the system for more than a year.

The survey indicated a public outreach effort designed to involve riders in the effort to improve Muni Metro. Thirty-five thousand surveys were distributed over two weeks, and 6,500 completed surveys were returned in stations, by U.S. mail, and on the Internet, a response rate of 19 percent.

Concerns matched those identified by Muni and the Muni Metro Delivery Team. Over the net few months, the Delivery Team will support Muni's implementation of several efforts to improve system reliability with:

*Installation of communication tools to improve communication between Central Control and the Muni Metro system.

*Potential to reorder trains at the Embarcadero turnaround.

*Added support on each line to regulate the flow of trains.

Brochures describing survey results will be distributed at downtown stations during PM commute, and will be available on Muni Metro cars throughout the system. Throughout the coming year, Muni Metro will maintain the dialogue initiated with the survey. In addition to regular bulletins announcing system changes, the Muni Metro Delivery Team will conduct two more surveys in order to receive feedback on improvements.

Results according to 6,521 respondents follow:

How frequently do respondents ride Muni Metro?

Fifty-eight percent ride the system at least 4-6 times per week with 20 percent a few times each year, 22 percent a few times each month, 25 percent 4-6 times each week, 20 percent on weekdays only, and 13 percent every day.

Which lines do respondents ride most frequently?

J: 13 percent; K: 20 percent; L: 24 percent; M: 23 percent, N: 20 percent.

What time of day do they ride?

Peak commute hours: 49 percent; off-peak commute hours: 27 percent; weekends: 24 percent.

How long have respondents ridden Muni Metro?

Less than six months: 7 percent, more than six months: 5 percent, more than one year: 88 percent.

Two top concerns according to the respondents:

Seventy-one percent of responses had to do with on-time performance, with reliability at 28 percent, delays at 25 percent, overcrowding at 20 percent, wait between cars at 18 percent, safety/security at 4 percent, announcements during trips at 3 percent and access to system information at 2 percent.

Overall, how satisfied are respondents with Muni Metro?

Satisfied: 5 percent, neutral: 13 percent, unsatisfied 82 percent

Volunteers Needed To Mentor Youth

Culturally sensitive adults are needed to mentor African American and Latino youth in foster care. Call Alternative Family Services at (415) 626-2700.

New Drug Effective in Battle Against Cancer

Baylor-Charles A. Sammons Cancer Center and Physician Reliance Network (PRN) Research announced data Jan. 28 demonstrating that one in five patients with hard-to treat tumors responded to treatment with Xeloda (capecitabine) even though they had previously failed treatment with paclitaxil and an anthracycline-containing regimen.

Xeloda is the first chemotherapy for metastatic breast cancer that is biochemically-targeted to attack cancer cells. The data are part of the results from a phase II study of Xeloda appearing in the Feb. 1, 1999 issue of the *Journal of Clinical Oncology*. The large multicenter trial, conducted at 25 hospitals and cancer centers in the U.S. and Canada, established that Xeloda is effective even in heavily pre-treated patients with metastatic breast cancer. In the study, Xeloda demonstrated a favorable side effect profile.

"Xeloda is an exciting new option for the treatment of metastatic breast cancer," stated Joanne Blum, M.D., Ph.D., lead investigator of the phase II study. "It is unique among currently available therapies, as it is activated by enzymes in the body which are primarily found in tumors, focusing that cancer killing agent at the site of the cancer, limiting adverse events and damage to healthy tissue. Xeloda's pill form permits patients to be treated at home and live more normal lives."

The clinical trial involving 163 patients tested the efficacy and safety of Xeloda at 2510 mg/sqm/day, divided into two doses daily, given for two weeks followed by a one week rest period and repeated in three week cycles.

Twenty-seven of the 135 patients (20 percent) with measurable diseases had complete or partial responses. Three patients achieved a complete remission. The data from this trial were the basis for Xeloda's approval by the U.S. Food and Drug Administration in May, 1998. Xeloda is the first oral anticancer drug indicated for patients with metastatic breast cancer whose tumors are resistant to standard chemotherapy with paclitaxel and an anthracycline-containing regimen. Xeloda is marketed by Hoffmann-La Roche, Inc.

The adverse events associated with the dosing schedule of capecitabine used in this study were predictable and controllable. No treatment-related deaths and few treatment-related serious adverse events (12 percent) were observed.

Of the 54 patients reported to have had serious adverse events, only 18 had events considered related to study treatment. The majority of all treatment related adverse events were rated as mild or moderate in intensity (grade 1 or 2). These side effects were generally manageable and reversible after dosage adjustment or discontinuation.

Dosage was adjusted at any time during the study on the basis of grade 2 or greater related adverse events. Treatment was discontinued in only 7 percent due to treatment-related adverse events. The most frequent treatment-related adverse events were, in decreasing order of frequency, hand-foot syndrome, diarrhea, nausea, vomiting, and fatigue. Significant hair loss was not reported. In fact, hair regrowth occurred in most patients with alopecia at baseline.

Community Lecture On Osteoporosis

St. Luke's Hospital is sponsoring a free question and answer lecture on Osteoporosis on Friday, Feb. 19 from 6 to 8 p.m. at the Noe Valley Ministry, 1021 Sanchez St. Call 641-6465 to register.

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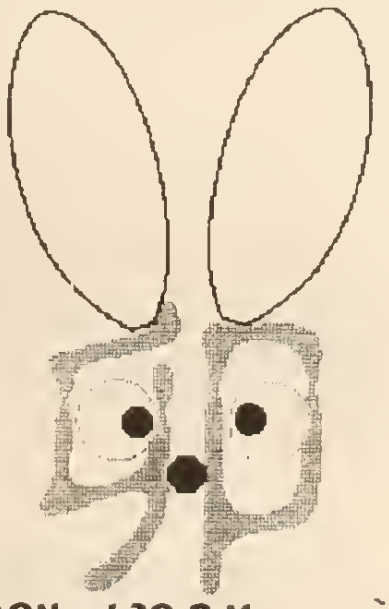

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Historic Proportions

Match clues to answers.
1964

1. This gets launched on Apr. 8.
2. On Feb. 7, they come to America.
3. More than a million of this new model sell in one year.
4. He's the new soldier on the toy scene.
5. They won the World Series.
6. And they're the champs of the NFL.
7. Things get shaken up a bit on Mar. 27.
8. *Record of the Year* at the Grammys.
9. Olympic Games are held here starting Oct. 10.
10. They're a sure bet with the toaster set.
11. *Best Picture* at the Academy Awards on Apr. 13.
12. Historic bill signed into law on July 2.
13. He's top guy in the U.S.S.R. as of Oct. 14.
14. On Sept. 18, they're the weird group living next to a cemetery.
15. And on Sept. 24, their address is 1313 Mockingbird Lane.
16. He's nominated for president on July 15 at the Cow Palace in San Francisco.
17. Most populous state as of July 1.
18. He was singing about *Ringo*.

A. Civil Rights Act
B. The Girl from Ipanema.
C. Alaska earthquake
D. Pop Tarts
E. Leonid Brezhnev
F. The Munsters
G. The Addams Family
H. The Beatles
I. Barry Goldwater
J. St. Louis Cardinals
K. Tom Jones
L. Lorne Greene
M. Ford Mustang
N. Gemini capsule
O. California
P. Tokyo
Q. G.I. Joe
R. Cleveland Browns

Answers: 1-N; 2-H; 3-M; 4-Q; 5-J; 6-R; 7-C; 8-B; 9-P; 10-D; 11-K; 12-A; 13-E; 14-G; 15-F; 16-I; 17-O; 18-L.

Recipe of the Month

CHUTNEY CHICKEN

1/2 cup water; 1/4 cup dried apple; 14 oz. (4) chicken drumsticks; 1/4 cup water; 8 oz. tomato sauce/chopped onions; 1/4 cup raisins; 1/2 tsp. cornstarch; 1/2 tsp. finely shredded orange peel; 1 dash ground cloves; 1 dash bottled hot pepper sauce; 1 cooked rice (optional).

In a 2-cup measure micro-cook the 1/2 cups water, uncovered, for 1 to 2 minutes or until boiling. Stir in dried apple. let stand for 5 minutes. Drain off excess water. Meanwhile, place chicken drumsticks in a shallow baking dish. Pour the 1/4 cup water over the drumsticks. Covered with vented clear plastic wrap. Micro-cook, covered, for 5 to 6 minutes or until the chicken is tender, rotating the dish a quarter-turn every minute. Drain off liquid. Transfer chicken drumsticks to a serving platter. Cover and keep warm while preparing tomato sauce.

For tomato sauce, in a 4-cup measure combine tomato sauce with chopped onions, raisins, cornstarch, shredded orange peel, ground cloves, bottled hot pepper sauce, and drained apple. Micro-cook, uncovered for 2-1/2 to 3-1/2 minutes or until thickened and bubbly, stirring every minute. Spoon over chicken drumsticks. Serve with hot rice, if desired. Serves 2.

In success, there are many paths to the top of the mountain, but the view is always the same.

FIVE YEARS AGO IN THE GRAPEVINE

FEBRUARY 1994

*Serving her neighbors as a lifelong member of the Visitacion Valley Community Center, Rose Donovan was awarded *Volunteer of the Year with the Most Hours in History* at a Salvation Army Council holiday party Dec. 21.

*Residents and staff of Geneva Towers congratulated their executive manager, Arthur Hutton, at a gala farewell party Jan. 21.

*After a year-long study Muni asked the S.F. Public Utilities Commission to authorize further development of four light rail transit alternatives at a Jan. 25 meeting.

*A *Prevention and Leadership Alternatives for Youth* (PLAY) program strived to reduce incidence of youth violence in San Francisco's southeast neighborhoods.

This Month in S.F. History

FEBRUARY

2. In 1848, the Treaty of Guadalupe Hidalgo was signed, ending the Mexican-American War and officially ceding California to the United States.

3. In 1918, street cars began running through the Twin Peaks Tunnel, completed in 1917.

11. In 1854, select major streets were first illuminated using coal gas. In 1936, construction started on Treasure Island - an 18,768,000 square foot fill adjacent to Yerba Buena island - to serve as location of the 1939-40 Golden Gate International Exposition.

12. In 1851, the Adelphi Theatre hosted *La Sonnambula*, the City's first grand opera. In 1945, San Francisco was selected site of the United Nations Conference.

15. In 1861, Fort Point - under construction for many years - was finally completed, housing two companies of the 3rd Artillery. In 1880, the Geary St. Railroad opened, providing the first rail service to the ocean. In 1917, the S.F. Public Library in the Civic Center was dedicated.

18. In 1859, boundaries were designated creating San Francisco as a county. In 1939, the exposition opened its first year at Treasure Island, with 50 cents for adults and a quarter for children under 12.

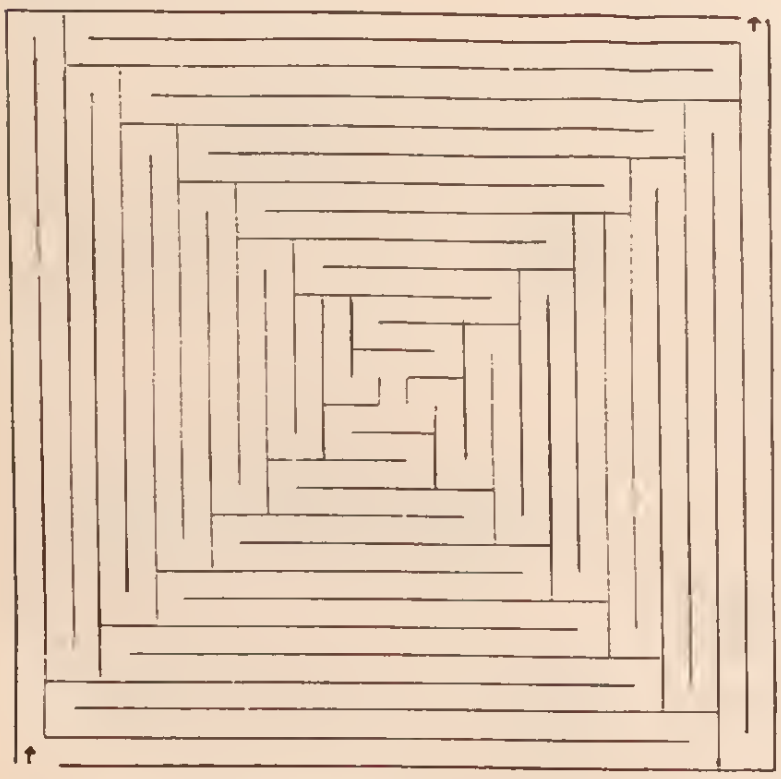
20. In 1915, the Panama Pacific Exposition opened its gates.

26. In 1891, the first of many bison were purchased for Golden Gate Park. In 1933, Crissy Field in the Presidio hosted ground-breaking ceremonies for construction of the Golden Gate Bridge.

27. In 1907, the Farrallone Islands, once inflicted during the gold rush by profit-seeking egg poachers, was officially sanctioned a Federal Bird Reserve.

28. In 1849, the 1,050 ton steamer *California* arrived in S.F. Bay. Although 1,500 people sought continuing transport from Panama, the 200 foot-long ship - built for 200 passengers - carried nearly 400 for 42 days - first of the forty-niners.

Minute Maze



GRAPEVINE PUZZLER — Asian Nations and Capitals

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A H N T X K L H J C R A D X V N U B I I R V N B J W E A T A					
C O O A D E E A U D S B C F G A I H W A A C A J A P A N R N					
Y D M U R B A S J F E A A Q F T N D A F T V W O E I R T L I					
T U W Q G Z R K L G B R A A S S A A N H A B A R R B D U H A					
I H O C J U S O K H N A I I E I J B X N A F G D O O O N F R					
C P C Y H N I K H B A D S S T N I A I E B R E A K E V H I H					
T M S P G E R G F A H E Y E A E A M S P N Y B N S O U T H A					
I I O R N M T N S A S T A N R M B A I M A A I R A N E R L B					
A H M U G E G A V N U I L O I K R L L O L N R D F Y U W E N					
W T R S V Y V B G A D N A D M R E S I N L G A L I N A M D A					
U B A N G L A D E S H U M N E U Z I B H U O S N A T U H B M					
K E K H S I B A F G H A N I S T A N T P G N A Y G N O Y P O					

Afghanistan	China	Japan	Vientiane	Islamabad	Tajikistan
Kabul	Beijing	Tokyo	Lebanon	Philippines	Dushanbe
Armenia	Cyprus	Jordan	Beirut	Manila	Thailand
Yerevan	Nicosia	Amman	Malaysia	Qatar	Bangkok
Azerbaijan	Georgia	Kazakhstan	Kuala	Doha	Turkey
Baku	Tbilisi	Almaty	Lumpur	Russia	Istanbul
Bahrain	India	North	Maldives	Moscow	Turkmenistan
Maname	New	Korea	Male	Saudi	Ashgabat
Bangladesh	Delhi	Pyongyang	Mongolia	Arabia	United Arab
Dhaka	Indonesia	South	Ulaanbaatar	Riyadh	Emirates
Bhutan	Jakarta	Korea	Myanmar	Singapore	Abu Dhabi
Thimphu	Iran	Seoul	Yangon	Sri Lanka	Uzbekistan
Brunei	Tehran	Kuwait	Nepal	Colombo	Tashkent
Bandar	Iraq	Kuwait City	Kathmandu	Syria	Vietnam
Sari Begawan	Baghdad	Kyrgyzstan	Oman	Damascus	Hanoi
Cambodia	Israel	Bishkek	Muscat	Taiwan	Yemen
Phnom Penh	Tel Aviv	Laos	Pakistan	Taipei	Sanaa

Boz Who?

Match quotes to speakers.

1. "In life, as in a football game, the principle to follow is hit the line hard."
2. "Comedy is tragedy--plus time."
3. "A committee is a group that keeps minutes and loses hours."
4. "The way I see it, if you want the rainbow, you gotta put up with the rain."
5. "A small town is a place where there's no place to go where you shouldn't."
6. "Few things are more satisfying than seeing your children have teenagers of their own."
7. "It's easy to identify people who can't count to ten. They're in front of you in the supermarket express lane."
8. "The surest way to be late is to have plenty of time."
9. "Middle age is when your broad mind and narrow waist begin to change places."

A. Leo Kennedy
B. Burt Bacharach
C. Theodore Roosevelt
D. June Henderson
E. E. Joseph Cossman
F. Dolly Parton
G. Milton Berle
H. Doug Larson
I. Carol Burnett

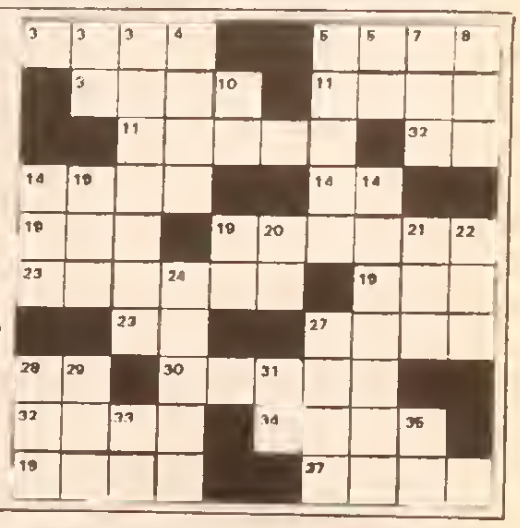
Answers: 1-C, 2-I, 3-G, 4-F, 5-B, 6-H, 7-D, 8-A, 9-E.

To Advertise in the Grapevine

Display: Full Page: $150; 1/2 Page: $80; 1/4 Page: $45; 1/8 Page: $25; 1/12 Page: $15. *Want-Ads (Private Party):* 20 words for $1. Extra line 50 cents.

Mail ad and payment by last day of prior month to: Visitacion Valley Grapevine, 50 Raymond Ave., San Francisco, CA 94134

Grapevine Crossword



ACROSS
1. Stable
5. Such
9. Buck
11. Twine
12. Telegram
13. Each
14. Dormouse
16. Net
18. Consume
19. Finish
23. Eliminated
25. Beverage
26. Los Angeles
27. Bubbles
28. Near
30. Perfect
32. Wail
34. Happy
36. Renders
37. Journey

DOWN
2. Notice
3. Concert
4. Close
5. Fashion
6. Holmium
7. Monkey
8. Drink
10. Rubidium
14. Haven
15. Paddle
17. Nominal
19. Electrical Engineer
20. North Dakota
21. Beatty
22. Fuel
24. Floats
27. Season
28. Bulkhead
29. -Hoo
31. For Example
33. Us
35. Princess

Famous Birthdays

FEBRUARY

1 Don Everly (1937); Sherman Helmsley (1938); Rick James (1952); Garrett Morris (1919), Bill Mumy (1954), Lisa Marie Presley (1968); Stuart Whitman (1926); Boris Yeltsin (1931)

2 Amanda Blake (1931), Christie Brinkley (1954), Garth Brooks (1962); Farrah Fawcett (1947); Gale Gordon (1906), James Joyce (1882); Graham Nash (1942); Tom Smothers (1937)

3 Joey Bishop (1918); James Bridges (1936), Victor Bouno (1938), Thomas Calabro (1959); Dave Davies (1947); Morgan Fairchild (1950), Norman Rockwell (1894)

4 Michael Beck (1949), Clint Black (1962), David Brenner (1945); Nigel Bruce (1895), Alice Cooper (1948), Charles Lindbergh (1902), Ida Lupino (1914); Dan Quayle (1947)

5 Hank Aaron (1934), Red Buttons (1919), Barbara Hershey (1948), Jennifer Jason Leigh (1962), Roger Staubach (1942)

6 Tom Brokaw (1940); Natale Cole (1950), Fabian (1943); Mike Farrell (1939), Zsa Zsa Gabor (1917); Patrick Macnee (1922), Ronald Reagan (1911), Rip Torn (1931); Michael Tucker (1944); Mamie Van Doren (1933)

7 Eddie Braken (1920), Charles Dickens (1932); Sinclair Lewis (1885), Gay Talese (1932)

8 Gary Coleman (1968); Robert Klein (1942), Ted Koppel (1940); Jack Lemmon (1923); Audrey Meadows (1924); Nick Nolte (1940); Mary Steenburgen (1953), Lyle Talbot (1902); Lana Turner (1920); Jules Verne (1828); John Williams (1932)

9 William Henry Harrison (1773); Mia Farrow (1945), Carole King (1942); Judith Light (1949), Roger Mudd (1928); Joe Pesci (1943); Bill Veeck (1914)

10 Laura Dern (1967), Donovan (1946); Jimmy Durante (1892), Roberta Flack (1939), Bill Tilden (1893), Robert Wagner (1930)

11 Lloyd Bentsen (1921), Sheryl Crow (1963); Thomas Edison (1847), Tina Louise (); Sergio Mendez (1941); Leslie Nielsen (1926), Burt Reynolds (1936); Sidney Sheldon (1917)

12 Charles Darwin (1809); Joe Gangiola (1926); Arsenio Hall (1955); Abraham Lincoln (1809)

13 Stockard Channing (1944); Peter Gabriel (1950), Kim Novak (1933), Oliver Reed (1938); George Segal (1934); Leslie Stevens (1924), Peter Tork (1944)

14 Mel Allen (1913); Jack Benny (1894); Hugh Downs (1921); Florence Henderson (1934), Gregory Hines (1946); Alan Parker (1944); Meg Tilly (1960)

15 Susan B. Anthony (1820), John Barrymore (1882); Ken Curtis (1923); Galileo (1564), Matt Groening (1954); Harvey Korman (1927), Melissa Manchester (1951); Cesar Romero (1907); Jane Seymour (1951)

16 Patty Andrews (1920), Edgar Bergen (1903); Sonny Bono (1935), James Ingram (1956); John McEnroe (1959), Vera-Ellen (1926)

17 Jim Brown (1936); Margaret Truman Daniel (1924); Michael Jordan (1963), Hal Holbrook (1923), Lou Diamond Phillips (1962); Gene Pitney (1941), A. Montgomery Ward (1843)

18 Helen Gurley Brown (1922); Matt Dillon (1964), George Kennedy (1925); Juice Newton (1952); Jack Palance (1920), Molly Ringwald (1968), Cybill Shepherd (1950); John Travolta (1954), Vanna White (1957); Wendell Willkie (1892)

19 Prince Andrew (1960); Justine Bateman (1966); Lou Christie (1943); Nicolas Copernicus (1473); Jeff Daniels (1955); Falco (1957), Smokey Robinson (1940); Forrest Tucker (1919)

20 Ansel Adams (1902); Charles Barkley (1963), Cindy Crawford (1966); Sandy Duncan (1946), J. Geils (1946); Frank Jordan (1935), Alexei Kosygin (1904); Jennifer O'Neill (1949); Sidney Poitier (1927); Andrew Shue (1967), Peter Strauss (1947); Gloria Vanderbilt (1924), Nancy Wilson (1937)

21 Christopher Atkins (1961); Erma Bombeck (1927); David Geffen (1943), Ann Sheridan (1915); Nina Simone (1933)

22 Sparky Anderson (1934); Drew Barrymore (1975); Julius Erving (1950); Ted Kennedy (1932); Sheldon Leonard (1907); John Mills (1908), George Washington (1732); Robert Young (1907)

23 Sylvia Chase (1938), Peter Fonda (1939); George F. Handel (1685), Robert Novak (1944), Johnny Winter (1944)

24 James Farentino (1938), Chester Nimitz (1885), John Vernon (1932), Abe Vigoda (1921), Honus Wagner (1874)

25 Jim Backus (1913); Diane Baker (1938), Francisco Coronado (1510), George Harrison (1943); Sally Jessy Raphael (1943); Bobby Riggs (1918)

26 Michael Bolton (1953); Johnny Cash (1932); Buffalo Bill Cody (1846), Fats Domino (1928); Jackie Gleason (1920), Betty Hutton (1925), Tony Randall (1928), Mitch Ryder (1945)

27 Chelsea Clinton (1980), Howard Hesseman (1940), Ralph Nader (1934), Irwin Shaw (1913), Grant Show (1962); John Steinbeck (1902), Elizabeth Taylor (1932), Joanne Woodward (1930)

28 Mario Andretti (1940); David McLeod (1930); Bernadette Peters (1948); Bubba Smith (1945); Tommy Tune (1939)

29 Jimmy Dorsey (1904), Ann Lee (1736); James Mitchell (1920); Gioacchino Rossini (1792)

S.F. City Meetings

Aging-1st Wed 9:30 am; Airport-1st & 3rd Tu 3 pm; Arts-1st Mon 3 pm; Education-2nd/4th Tu 7 pm; Health-1st/3rd Tu 3 pm; Housing Authority-2nd/4th Th 4 pm; Human Rights-1st/3rd Th 4:30 pm; Library-1st Tu 5:30 pm; Planning-Th 1:30 pm; Police-Wed 5:30 pm; Port-1st Tu/3rd Wed 4:30 pm; Public Utilities-2nd/4th Tu 2 pm; Rec and Park-3rd Th 2 pm; Social Services-4th Th 9 0 am; Status of Women-4th Th 4

Next Meeting of Visitacion Valley Task Force is February 27 10:30 a.m. to 12 noon, Community Center 66 Raymond Ave

February / March 1999

Sun	Mon	Tue	Wed	Thu	Fri	Sat
14 Valentine's Day	15 Presidents Day	16 12:30a VVCC Senior Bingo; 9:30a-4p Senior Ceramics; Lunar New Year Begins	17 10:30a VVCC Senior Crafts	18 9a VVCC Sewing Class	19	20
21	22 1:30a VVCC Senior Shopping	23 12:30a VVCC Senior Bingo; 9:30a-4p Senior Ceramics	24 10:30a VVCC Senior Crafts	25 9a VVCC Sewing Class	26	27 Visitacion Valley Task Force 66 Raymond Ave 10:30a-12 noon
28	1 11:30a VVCC Senior Shopping	2 12:30a VVCC Senior Bingo; 9:30a-4p Senior Ceramics	3 10:30a VVCC Senior Crafts	4 9a VVCC Sewing Class	5 T.G.I.F.	6
7	8 11:30a VVCC Senior Shopping	9 12:30a VVCC Senior Bingo; 9:30a-4p Senior Ceramics; VVCC Senior Council 11a	10 10:30a VVCC Senior Crafts; GVDC Board 5:30-6:30p	11 9a VVCC Sewing Class	12 Plant a Flower Day	13

Volunteer Health Group Issues Challenge to Kaiser

A Torrance-based patient-support group for sufferers of spinal cord injury recently challenged Kaiser Foundation Health Plan to justify its possible rate increase of $1 per member for pharmaceutical benefits.

In response to a recent state ruling mandating that Kaiser cover Viagra and other drugs to treat erectile dysfunction, the HMO announced it would raise its pharmaceutical benefit rates, possibly $1 for each of its 5.7 million members in California, and would charge a 50 percent copayment per prescription for Viagra.

"It is clear Kaiser is using Viagra as an excuse to raise its monthly fees," said CyCy Lambert, founder of RVL S.C.O.R.E. "We want to know how Kaiser arrived at its calculation that a $5.7 million monthly increase, in addition to a 50 percent Viagra copayment, may be necessary. Such rate increases indicate a sizeable profit for Kaiser."

RVL S.C.O.R.E. is a patient-support group based in Torrance whose goal is to improve the overall quality of life for those with spinal cord injury or disease. The organization provides various free programs including advocacy, living support and housing assistance, family and peer counseling, and vocational training.

Welcome to the World, Corrina
Born January 21, 1999
at 7:18 a.m.
4 pounds, 14.6 ounces
April Wan and Benny
Proud Parents

New Pill Reduces Fat in Food

Getting healthier is a common New Year's resolution that's tough to keep. Mid-winter is about the time when that cholesterol-lowering diet and exercise regimen go out the door in favor of old habits

But now there's a new pill that can give people a new lease on their healthy New Year's resolutions. A tablet containing the dietary supplements Beta-Sitosterol and Citrus Pectin can help maintain healthy cholesterol levels by reducing fat in the foods we eat. Up to 50 percent of cholesterol problems are related to diet.

"When combined, Beta-Sitosterol and Citrus Pectin work together to alter dietary fat and cholesterol absorption," said Dan Gardner, NMD

Over 50 studies and scientific articles are available that show Beta-Sitosterol inhibits the absorption of dietary fat and cholesterol into the system. Citrus pectin is found in rinds of citrus fruits like oranges. Beta-Sitosterol comes from unprocessed soy products like tofu, brown and wild rice and soy milk

"Beta-Sitosterol and Citrus Pectin work through a series of actions," said Dr. Gardner "They promote intestinal binding and excretion of free cholesterol, block absorption sites in the intestinal walls, create an enzymatic shift that decreases liver cholesterol production, and increase liver enzyme functions on the breakdown of fats."

It's recommended that people take one Beta-S tablet 30 minutes before a meal or snack with a full eight-ounce glass of water. Beta-S should be taken in equal doses at least three times per day, whether meals are skipped or not. If a meal is especially heavy or fat laden, it is recommended to take two or more tablets.

Despite the fact that Beta-S can help maintain healthy cholesterol, Dr Gardner encourages people to continue watching their diets. "Don't be fooled by processed low-fat products," he said. "These foods are often high in carbohydrates and refined sugars that can increase your cholesterol levels."

Second "Bay Area 2000" Documentary Includes 1906 Earthquake and Fire

In the second of 12 chronological documentaries, *San Francisco--Into the Fire* looks at San Francisco at the turn of the 20th century (1900-1910). Narrated by PBS's *Frontline* narrator Will Lymon and produced by KRON's award winning producer Ken Schwartz, the one-hour documentary shows how San Francisco survived one of the worst natural disasters in American history--the Great Earthquake and catastrophic fire of 1906 which nearly pounded the city into extinction

San Francisco--Into the Fire will be presented on Sunday, Feb. 14, 21 and 28 at 8 p.m. on BayTV (Channel 35 on most Bay Area cable systems).

GRAPEVINE WANT-ADS

VOLUNTEERS WANTED for VVCC After School Program. Volunteers are needed to tutor children ages 5-14 at one of our 11 sites in the Visitacion Valley area. Interested persons contact Dee Smith, VVCC After School coordinator, (415) 330-8557

Mr. Morgenstern's Hauling
Dump runs done reasonable. Price based on salvage value. Free estimates. Also wanted: garage or storage for household items. Call 902-8026.

Visitacion Valley Business Directory

Valley business and organization free listings in the 415 area code. Call the Grapevine at (415) 467-9300

AUTOMOTIVE
BAYSHORE GAS & SERVICE (mechanic), 2260 Bayshore Blvd., 467-6130
BAYSHORE SERVICE (mechanic) 2596 Bayshore Blvd. 239-5239
CHARLIE'S GARAGE (Charlie Awegh), 2550 Bayshore Blvd., 239-7450
GARAGE R BY TOP RACING, 130 Leland Ave 333-5938
MR. CLEAN'S CAR WASH (Morton Bradley, detailing) 2501 Bayshore Blvd., 468-8831
TW AUTOMOTIVE (mechanic), 2500 Bayshore Blvd., 585-8281
VALLEY AUTO & TRUCK SUPPLY (Bill Conte), 2520 Bayshore Blvd., 239-5880
BANK
BANK OF AMERICA, 6 Leland Ave., 622-4501
BAKERS
CUNEO BAKERY, 96 Leland Ave., 239-6090
LITTLE QUIAPO BAKE SHOP, 169 Leland Ave., 239-2253
BARBERS
OeMASI'S BARBER SHOP, 35 Leland Ave
THE SHOP (JB), 178 Leland Ave., 239-6709
BEAUTICIANS
ANGEL COIFFURES, 5 Leland Ave 239-9891
MAY MAY BEAUTY SALON, 60 Leland Ave 337-9381
McCALL'S FOR HAIR, 3585 San Bruno Ave., 467-7319
MIZ RENA'S SALON, 19 Blanken Ave., 467-3399
NAILS BY JENNY (manicurist), 50 Leland Ave 333-6800
A NEW START HAIR STUDIO (Joyce Hollins), 224 Leland Ave., 584-3077
TAMMIE'S HAIR DESIGN, 3564 San Bruno Ave 330-9635
BOARDING HOUSE
ABLE'S CASA, 850 Rutland St., 333-4664, fax 333-4693
CHURCHES
CHURCH OF THE VISITACION, 655 Sunnydale Ave., 239-5950
KOREAN FIRST PRESBYTERIAN CHURCH, 333 Tunnel Ave., 468-1213
RIDGE VIEW UNITED METHODIST CHURCH, 590 Leland Ave., 239-5457
ST. JAMES PRESBYTERIAN CHURCH, 240 Leland Ave., 586-6381
VALLEY BARTIST CHURCH, 305 Raymond Ave., 467-6055
VISITACION CHINESE BAPTIST CHURCH, 8 Desmond St., 333-4503
CLOTHING
PRECIOUS BUNDLES (new/gently worn children's clothing, Michelle Falley) 91 Leland Ave 337-8776
SPONA (designer fashions, Delores Logan) 9 Leland Ave., 239-9631
DENTIST
VISITACION VALLEY DENTAL OFFICE (Albert Kuan, DDS), 37 Leland Ave., 239-5500
DEVELOPER
TUNTEX U.S.A., 150 Executive Park Blvd., 468-6676
DISTRIBUTOR
PACIFIC FISH & POULTRY, 2414 San Bruno Ave., 468-2355
FLORISTS
CUPID FLORIST, 36 Leland Ave., 585-7766
IL FIORE FLOWERS, 2466 San Bruno Ave 468-0145
GROCERS
A T & B MARKET, 2400 Bayshore Blvd., 586-4851
E-Z STOP MARKET, 2203 Geneva Ave., 585-9240
FIVE MILE MARKET, 3574 San Bruno Ave., 467-7300
K.C. MARKET, 400 Wilde St., 467-3024
LITTLE VILLAGE MARKET, 1450 Sunnydale Ave 586-1815
M & M SHORTSTOP, 2145 Geneva Ave., 585-0878
PICCOLO PETE (deli), 2155 Bayshore Blvd., 468-6800
SAM'S DELI & LIQUOR, 25 Leland Ave., 239-7183
SARI-SARI FOOD STORE, 58 Leland Ave., 239-7183
7-11 (Manny DeLeon), 2200 Bayshore Blvd., 468-8646
SHIREL'S GROCERY & FLOWERS, 1401 Visitacion Ave
SMITTY'S MARKET, 2610 Bayshore Blvd., 239-5506
TAUTUA MO OE (Samoan grocery, gifts, fabric), 15 Leland Ave., 585-0509
TEDDY'S MARKET, 298 Teddy Ave
VALLEY SUPER MARKET, 65 Leland Ave., 239-7520
YET SUN FOOD, INC., 78 Leland Ave., 469-4862
HERBS
KWOK HONG CHINESE HERBS, 57 Leland Ave 585-8751
SAN ON HERBS, 33-A Leland Ave 333-7469
LAUNDRY/CLEANERS
CITY WASH INTERNATIONAL, 83 Leland Ave 333-9467
COIN WASH & DRY LAUNDRY, 186 Leland Ave
FORTY-NINER CLEANERS (David Chan), 51 Leland Ave., 239-6418
LELAND AVENUE CLEANERS, 151 Leland Ave., 586-1412
LELAND LAUNDRYWORLD, 44 Leland Ave
VALLEY LAUNDRY, 90 Leland Ave
VISITACION VALLEY LAUNDRY, 108 Leland Ave., 239-9030
LEARNING
EARLY YEARS ACADEMY, 500 Raymond Ave., 333-1450
3-N-1 LEARNING ACADEMY, 240 Leland Ave., 584-8555
VISITACION VALLEY COMMUNITY BEACON CENTER, 450 Raymond Ave., 452-4907
VISITACION VALLEY FAMILY SCHOOL, 325 Leland Ave., 585-9320
LIBRARY
VISITACION VALLEY BRANCH, 45 Leland Ave 239-5270
LODGING
THRIFTLODGE, 2011 Bayshore Blvd., 467-8811
MANUFACTURERS
NATIONWIDE PAPER COMPANY, 345 Schwerin St., 586-9160
SCHLAGE LOCK, 2401 Bayshore Blvd., 467-1100
MARTIAL ARTS
360 DEGREES MARTIAL ARTS, 38 Leland Ave., 452-4194
MEDICAL
AMERICAN RED CROSS, BAY AREA CHAPTER, 1704 Sunnydale Ave., 584-3620
HAWKINS VILLAGE MEDICAL CLINIC (Dept of Public Health), 333 Schwerin St., Appointments 715-0310
PORTOLA FOOT & ANKLE CLINIC (Dr. Divyang Patel) 2858 San Bruno Ave. 467-7500
VISITACION VALLEY NEIGHBORHOOD CLINIC, 82 Leland Ave., 584-7386
NEWSPAPER
VISITACION VALLEY GRAPEVINE, 50 Raymond Ave., 467-9300, fax 467-3757
ORGANIZATIONS
GIRLS AFTER SCHOOL ACADEMY 1652 Sunnydale Ave 584-4044
JOHN KING SENIOR CENTER 590 Leland Ave 239-6233
LELAND HOUSE, 141 Leland Ave., 405-2000
VISITACION VALLEY SENIOR CENTER 66 Raymond Ave., 467-4499
PHARMACY
VISITACION VALLEY PHARMACY 100 Leland Ave., 239-5811
POST OFFICE
VISITACION STATION U.S.P.O., 68 Leland Ave 239-7520
RESTAURANTS
CUFF'S BARBECUE SEA FOOD, 2177 Bayshore Blvd. 330-0736
G & L BAKERY AND RESTAURANT, 198 Leland Ave., 239-6283
HONG YUN RESTAURANT (Vietnamese), 73 Leland Ave., 469-5686
LUAN FAT BAKERY, 110 Leland Ave., 585-1167
RUSSIA HOUSE, 2011 Bayshore Blvd., 467-0252
SHIREL'S SOUL FOOD, 107 Leland Ave., 239-5141
TWO JACK'S RESTAURANT (seafood and burgers), 167 Leland Ave., 337-0433
SERVICE PROVIDERS
FAMILY SUPPORT CENTER 251 Schwerin St 469-2120
THE VILLAGE (community center), 333 Schwerin St., 239-5045
VISITACION VALLEY BILINGUAL EDUCATION, SUPPORTIVE SERVICES AND TRAINING (VVBESST), 120 Leland Ave., 586-9347
VISITACION VALLEY COMMUNITY CENTER, 50 Raymond Ave., 467-6400
VISITACION VALLEY FAMILY SUPPORT CENTER, 251 Schwerin St., 469-2120
VISITACION VALLEY JOBS, EDUCATION AND TRAINING (VVJET), 333 Schwerin St., 239-2866
SERVICES
ARMANDO'S SHOE REPAIR (Armando Rosignuolo), 156A Leland Ave., 239-7216
WALTER CORBIN PHOTOGRAPHY (freelance), 435 Sawyer St., 587-9471, fax 337-8620
VALERIE HABEGGER-HYPNOTHERAPY, 371 Teddy Ave., 468-5631
JA'OE HAIR PRODUCTS, 160A Leland Ave
M-3 LOCKSMITH, 200 Leland Ave., 587-8403
ROYAL PACIFIC MORTGAGE (financing), 46 Leland Ave., 333-4900
HENRY SCHINOEL (realtor), 239-5850
SILVESTRI GARDEN ORNAMENTS, 2635 Bayshore Blvd., 239-5990
SMITH'S SIGNS, 153 Leland Ave., 333-2700
TATE ELECTRIC (Joel Tate), 467-4657
MARK VOELKER PLUMBING, 99 Arleta Ave., 467-7401
VERNA WALLACE E.A. (bookkeeping), 2320 Bayshore Blvd., 239-5333
TAVERNS
THE CLUB HOUSE, 25 Blanken Ave
OLIVIA'S PLACE, 2600 Bayshore Blvd., 239-7711
TRAVEL
COMET TOURS & TRAVEL, 168 Leland Ave., 333-2996
GAMMS TRAVEL SERVICE, 34 Leland Ave., 333-9282
VIDEO
SIN FUNG VIDEO, 144 Leland Ave., 586-1038

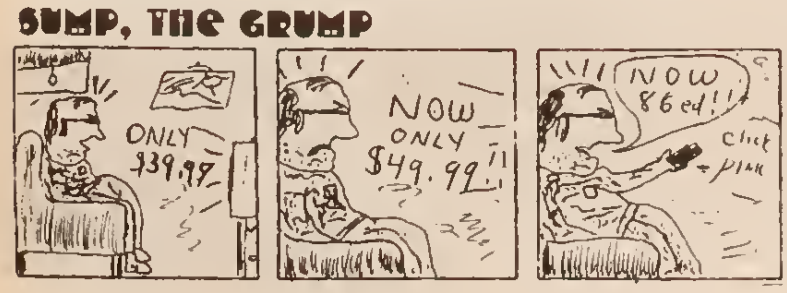
VISITACION VALLEY IS BEING REVITALIZED FOR THE 21ST CENTURY

Now is the time for you to make your dreams of successful employment a reality!
Obtain your employment goals and make plans to grow with your community.
A world of opportunity is right at your fingertips at: Visitacion Valley Jobs, Education and Training
333 Schwerin St., second floor
Be Prepared to Enter into Today's Labor Force.
VVJET can provide you with the following services:

Stress and Change Management
SAT and GED Preparation
Resume Writing
Interviewing Techniques
Lead and Asbestos Training
Motivational Workshops
Employment Skills Assessment
Conflict Resolution
Computer and Clerical Training
Peer Counseling
Retail Training
Sensitive Multicultural
Financial Management
Counselors
Job Development
Employment Placement
Follow-up Support Services
Social Referral Services
Life and Survival Skills

Ask for Ann Williams or Mary Vae, 239-2866 or 239-2877.
Services available free of charge to all participants.

SUMP, THE GRUMP



Valentine's Day Party For Adoptable Pets

This Valentine's Day weekend, come visit the critters at the San Francisco SPCA Maddie's Pet Adoption Center and fall in love!

The animals are hosting a party on Saturday and Sunday, Feb. 13 and 14 from 11 a.m. to 6 p.m. for potential adopters and their friends. Pink lemonade, cookies and candy will be available for human guests.

All animals adopted on Valentine's Day weekend will come with a special package of goodies to start off the new relationship in the best possible way: heart-shaped ID tags, collars and a small bag of hearty treats will be included in the adoption package for both dogs and cats. Call 552-3500 for more information.

A LITTLE GOES A LONG WAY

The John McLaren Child Development Center seeks in-kind donations for our newly created lending library:

Children's Books and Magazines
Small Children's Furniture
Writing and/or Art Supplies
Educational/Cultural Games or Posters

Thank you in advance for your kindness and generosity! Please send all donations to:
The John McLaren Child Development Center
2055 Sunnydale Avenue, San Francisco, CA 94134

Please call 469-4519 if you would like for us to pick-up any materials.

VISITACION VALLEY COMMUNITY CENTER SENIOR PROGRAM

Funded by the S.F. Commission on the Aging

Open 365 Days a Year

Lunch Served Every Day

Senior Bingo	Sewing
Holiday Crafts	Blood Pressure
Senior Council	Ceramics
Day Outings	Birthday Partys
Overnight Excursions	Potlucks
Reno Trips	Holiday Celebrations

66 Raymond Ave. 467-4499
Pat Crocker : Director

Drug Fighting Grant for San Francisco

Rep. Nancy Pelosi (D-CA) on Jan. 22 announced a $700,000 grant from the Office of National Drug Control Policy for the San Francisco High Intensity Drug Trafficking Area (HIDTA).

"The fight against the illegal drug trade in San Francisco is a fight for a better quality of life and all of our citizens," Said Pelosi. "Drug dealers ruin our neighborhoods and threaten the safety and security of law-abiding San Franciscans, and we cannot allow this to happen.

The HIDTA program supports joint efforts between local, state and federal authorities in areas deemed to have critical drug trafficking problems that adversely affect the nation. San Francisco is one of 21 HIDTA areas in the country.

This $700,000 grant supplements existing funds and brings the total grant to $2.5 million. HIDTA funds an array of drug control activities including interdiction, investigation, prosecution, treatment and prevention.

Coalition Investigating Health Care Plans

From Page 1

DOC launched an investigation into possible violations of the Knox-Keene Act and other possible illegal acts. The DOC sent letters to all Knox-Keene licensed plans asking them to provide information as to what medications they were planning to drop from their formulary in 1999. For some plans, there were more than 60 drugs planned for deletion and patients were going to be actively switched or denied.

After reviewing the responses of the plans who complied with the original request and the urging of Assemblyman Gallegos, the DOC issued letters to six health plans on Jan. 25.

On a related matter, Right to Know contacted major health plans in the state to determine whether they were in compliance with the new disclosure requirements of AB 974. Seven health plans appear to be in violation of AB 974 by Assemblyman Gallegos which requires disclosure of drug formularies. They are: Blue Cross of California, Care first Health, Health Net/Foundation, Kaiser Foundation Health Plan, Molina Medical Centers, Omni, and One Health Plan.

"In the past several months, since AB 974 was signed into law requiring continuity of care, health plans appear to have been moving to drop dozens of major medications from their drug formularies," said Helms. "By moving to eliminate new and innovative therapies and denying access to more costly medicines the health plans save money. It's a cynical game to save money at the expense of quality care for the patient."

Citizens for the "Right to Know" is an alliance of more than 80 health care organizations and consumer groups whose focus is to educate consumers about the need to become informed purchasers of health care.

GRAPEVINE MAILBOX

1998 Police Changes In Ingleside District

Following is a letter written Jan. 26, 1999 by Captain Rick Bruce of the Ingleside Police District.

Dear Ingleside Resident or Merchant:

Another year has come and gone, and I would like to take a moment to reflect back on some of the changes made in the Ingleside District in 1998. We established the first sub-station in San Francisco this past year in the Sunnydale neighborhood in an effort to provide a constant police presence in an area that has experienced an undue amount of violence and other crime for well over a generation. The results have exceeded our most optimistic projections, and today, the Sunnydale community is safer than it has been for the last quarter century.

We also pushed for the incorporation of the entire Visitacion Valley neighborhood into the geographical boundaries of the Ingleside District, and this was accomplished in September of 1998. Previously, the Valley was served by officers from two different police districts, and I believe that this was less than ideal in terms of developing close personal ties between the local residents (and merchants) and the officers who are assigned to serve and protect them.

Throughout 1998, the officers of Ingleside Station attempted to attend every community and block club meeting that we were aware of, in an ongoing effort to keep abreast of local issues, and to be accessible to our clients (you). Our Graffiti Abatement Program continues to pay dividends in the district, and has become a model for the entire department. To date, hundreds of graffiti vandals have been *caught in the act* and arrested, and well over 170 youth from throughout San Francisco have been assigned to Ingleside Station to complete their community service. Most of these youth work weekends throughout the district painting over graffiti, and the remainder of them participate in our newly formed IMPACT Program in which the youth participate with police-mentors in a variety of activities that seek to turn the lives of these troubled teens around.

I have had one main focus during my assignment to this command, and that is to work closely (and communicate often) with the residents and merchants of this district in order to provide the safest and most liveable neighborhood possible. Our Fax-Tree Crime Alerts have been very well received and allow us to keep you abreast of the crime trends and other information that allow you to feel more informed about your surroundings.

Have a safe and prosperous 1999, and I look forward to seeing you at our next community forum.

Sincerely,
Captain Rick Bruce
Ingleside Police Station

Crossword Solution
From Page 6

B	A	R	N	•	•	T	H	A	T	•	•	•	•	•
•	D	E	E	R	•	R	O	P	E	•	•	•	•	•
•	•	C	A	B	L	E	•	•	A	•	•	•	•	•
L	O	I	R	•	•	N	T	•	•	G	•	•	•	•
E	A	T	•	E	N	D	I	N	G	A	•	•	•	•
E	R	A	S	E	D	•	T	E	A	S	•	•	•	•
•	•	L	A	•	•	S	U	D	S	•	•	•	•	•
B	Y	•	I	D	E	A	L	•	•	•	•	•	•	•
H	O	N	L	•	G	L	A	D	•	•	•	•	•	•
D	D	E	S	•	•	T	R	I	P	•	•	•	•	•

An Issue
The Hot Potato, Part II

by Gerry L. Galvan

"We would like to conclude our successful defense of the President at the earliest time possible," said one member of the White House defense team during an on-the-spot interview with a CNN anchor during a Senate trial recess.

It was truly revolting to hear such remark. It was preposterously ridiculous. Such irresponsible posture presupposes to imply that the Clinton legal team was presenting a solid defense for their client.

Nothing could be father from the truth. President Clinton's attorneys had been no match to the 13 House of Representatives *managers* who had proved beyond a reasonable doubt that the President lied under oath before the U.S. Grand Jury and obstructed justice.

The Clinton legal team had the feeling of success in their assigned task of defending Clinton because a liberal mainstream media has supported their cause. There had been a feeling that, with the Democratic numerical standing in the Senate, the White House panel's client would never be convicted. That, in essence, was the basis for the their assumption.

Another schizophrenic posturing was demonstrated by Senate Minority Leader Tom Daschle who had announced on national television that "the President will not be convicted." This assumption by the liberal senator from North Dakota was also based on an unfathomable determination of Democratic Party members knowing the final vote would be strictly along party lines. Except for Senator Russell Feingold of Wisconsin, who broke from the ranks and voted against Senator Robert Byrd's motion to dismiss articles of impeachment, Democrats stuck together defending a misbehaving William Jefferson Clinton.

True enough, Republican senators had been solid behind their case. Such GOP solidarity has justification, based on credible evidence which House managers demonstrably proved.

At this juncture, it's appropriate to quote a San Francisco Chronicle reader who recently wrote: "As a former law student, I found the Clinton defense less than adequate. I counted three instances where Charles Rull contradicted himself. Greg Craig's arguments were so convoluted that they totally confused and frustrated me. His repeated appeals to election and polls indicate that his case is legally weak and cannot stand on its own merits. Cheryl Mills' demeanor was so condescending that I felt insulted. Her monotonous use of repeated mantras indicates that she has very little of substance to say."

There had been, as many of us know, a persistent call from the White House and Democratic senators to put an end to this trial. Such overly repeated and duplicated excuses that there was not enough Senate will to convict President Clinton had sickened many a decent individual. It became crystal clear why the White House and other Clinton allies insisted on the trial's termination on two counts: first, they were fearful of exposing the unadulterated truth to the public, and second, a considerable number of Democratic senators might have been convinced to break rank and vote to convict.

Unbiasedly independent observers believe the acquittal by the Senate of William Jefferson Clinton will have an adverse historical impact, saying future generations would point to the Clinton episode as a guideline for misbehavior in public office and getting away with it.

Such fear had been clearly postulated by House Judiciary Committee Chairman Henry Hyde during the trial when he addressed the Senate, "If you acquit Bill Clinton of the charges of perjury and obstruction of justice, you will be setting a bad precedent for future generations to follow."

And with the final vote taking its place in the annals of American history, credit must not be given to the President's legal team. Blame should be laid on the Senate.

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